

# Strength of Mechanical Constructions

## Energy methods in mechanics

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- 1 Basic considerations
  - Equivalence of work and energy
  - Elastic strain energy for simple loads
  
- 2 Castigliano's theorem

# Contents

- 1 **Basic considerations**
  - Equivalence of work and energy
  - Elastic strain energy for simple loads
  
- 2 Castigliano's theorem

# Solving mechanical problems

There are two approaches to solve problems in mechanics

- vectorial approach
  - equation of equilibrium is written for vectorial quantities like stress or forces; from this equations the relation between the quantities is derived
- energy approach
  - internal energy of the system approach minimum value at equilibrium; by minimisation of the expression for energy one can find the equilibrium of the structure
- energy of mechanical systems is defined through the work done on these systems

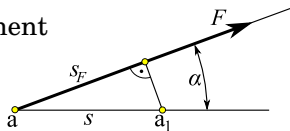
# Equivalence of work and energy

## Definition of work

- let's start with the definition of work
- the work done by force  $F$  on the point by moving it from position  $a$  to position  $a_1$  is the product of the force and the displacement of the point
- since in general case the direction of force does not correspond with the direction of displacement we can write

$$W = F \cdot s \cos \alpha \quad \text{or} \quad W = F \cdot s_F$$

where  $s_F$  is the projection of displacement on the direction of the force



# Equivalence of work and energy

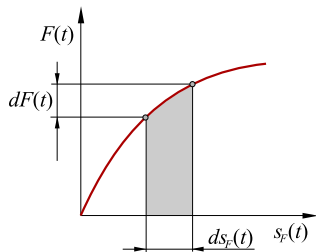
## Definition of work

- in general case the force and the displacement depends on time
- having the relation of force and displacement in the form of a plot, one may determine the work by calculating the area under the plot
- elementary work will be equal to

$$dW = F(t) \cdot ds_F(t)$$

- and after integration

$$W = \int_0^{s_F} F(t) \cdot ds_F(t)$$



# Equivalence of work and energy

How the potential energy of load is transformed into energy of elastic deformation?

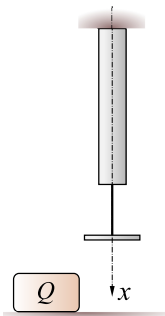
Assumptions:

- the load is a static one – is applied gradually and accelerations of structure can be omitted
- the deformation of the bar is slow enough to omit the inertia phenomenon
- at each point of loading the system is and its parts are in equilibrium
- material of the system follows the Hooke's law

# Equivalence of work and energy

Transformation of the potential energy into energy of elastic deformation

- as an example let's consider the vertical bar fixed at the upper end with a rigid disc fixed at the other end
- next to the bar there is a weight  $Q$ , which will be placed on the disk
- after elevation the weight get some energy and after dropping on the disk it will lower because of the elongation of the bar



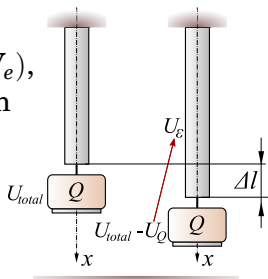


# Equivalence of work and energy

## Transformation of the potential energy into energy of elastic deformation

- lowering of the weight about  $\Delta l$  decreases its energy about  $U_Q$
- this energy is transformed into energy of elastic deformation  $U_\varepsilon$
- both energies can be expressed by the work – energy of the weight as the work of the external forces ( $W_e$ ), and the energy of elastic deformation as a work of internal forces ( $-W_i$ )
- which is

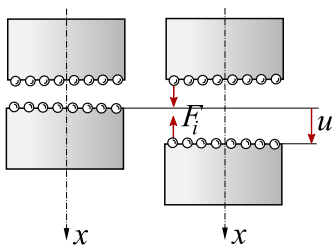
$$U_Q = W_e \quad \text{and} \quad U_\varepsilon = -W_i$$



# Equivalence of work and energy

## Transformation of the potential energy into energy of elastic deformation

- it should be explained why the work of internal forces is negative
- internal forces are the forces between atoms
- during elongation the atoms moves according to the axis of the bar but the forces are directed in the opposite way – thus the work is negative



# Equivalence of work and energy

- according to the law of conservation of energy for elastic systems

$$U_\varepsilon = U_Q$$

- finally, because  $U_Q = W_e$

$$U_\varepsilon = W_e$$

The above coincides with the principle of virtual work

$$W_e = -W_i \quad \rightarrow \quad W_e + W_i = 0$$

## Attention!

only a different form of energy can change into potential energy of elastic deformation; the work  $W_e$  is only a measure of the potential energy of the external forces

# First law of thermodynamics

- one can not measure the total amount of internal energy of a system
- however, one can measure the changes of this energy

## First law of thermodynamics

The work performed on a mechanical system by external forces plus the heat that flows into the system from the outside equals the increase in internal energy plus the increase in kinetic energy

$$\delta W + \delta H = \delta U + \delta K$$

- assuming the lack of heat exchange and the movement

$$\delta W = \delta U$$

# Energy of elastic deformation

Determination of elastic strain energy for simple case of load.

- tension (compression)
  - load: axial force  $F$   
displacement: elongation  $\Delta l$

$$U_F = \frac{1}{2} \frac{F^2 l}{EA}$$

$$U_F = \frac{1}{2} \int_0^l \frac{F^2 dx}{EA} \quad \text{or} \quad U_F = \int_0^l \frac{EA}{2} \left( \frac{du}{dx} \right)^2 dx$$

# Energy of elastic deformation

Determination of elastic strain energy for simple case of load.

- torsion
  - load: torsional moment  $T$   
displacement: angle of twist  $\varphi$

$$U_T = \frac{1}{2} \frac{T^2 l}{GI_0}$$

$$U_T = \frac{1}{2} \int_0^l \frac{T^2 dx}{GI_0} \quad \text{or} \quad U_T = \int_0^l \frac{GI_0}{2} \left( \frac{d\varphi}{dx} \right)^2 dx$$

# Energy of elastic deformation

Determination of elastic strain energy for simple case of load.

- bending
  - load: bending moment  $M$   
displacement: angle of deflection  $\theta$

$$U_M = \frac{1}{2} \frac{M^2 l}{EI}$$

$$U_M = \frac{1}{2} \int_0^l \frac{M^2 dx}{EI} \quad \text{or} \quad U_M = \int_0^l \frac{EI}{2} \left( \frac{d^2 v}{dx^2} \right)^2 dx$$

# Energy of elastic deformation

- all above formulae have the same structure, which helps to remember them and the use for solving problems
- the structure is

$$U = \frac{P_i \delta_i}{2}$$

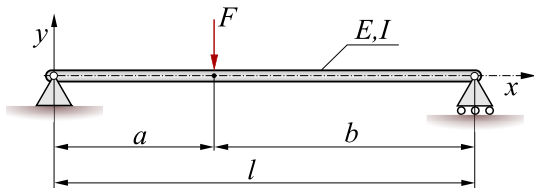
- $\delta_i$  – **generalised displacement**
  - $u, \varphi, \theta$
- $P_i$  – **generalised force**
  - $F, T, M$
- we will return to the above equation when the Castigliano's theorem will be derived



# Energy of elastic deformation

## Example 1

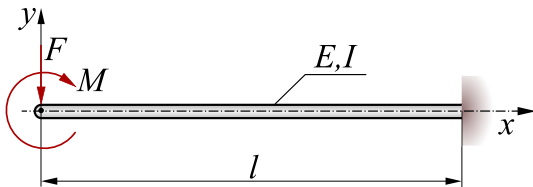
Determine the energy of elastic deformation stored in a simply supported beam loaded with transverse force  $F$ .



# Energy of elastic deformation

## Example 2

Determine the energy of elastic deformation stored in a cantilever beam loaded at one end with transverse force  $F$  and bending moment  $M$ .

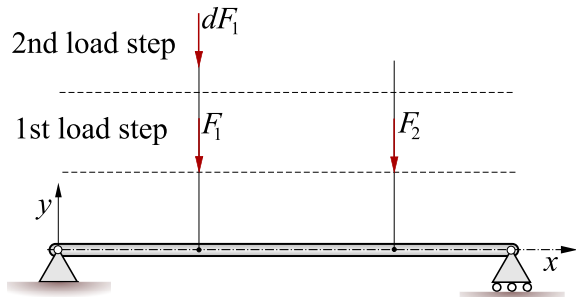


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# Castigliano's theorem

- consider a simply supported beam loaded with two steps
- energy of elastic deformation do not depends on the order of these load steps



# Castigliano's theorem

## Theorem

*The partial derivative of the strain energy of a structure with respect to any load is equal to the displacement corresponding to that load.*

$$\delta_i = \frac{\partial U}{\partial P_i}$$

- $\delta_i$  – **generalised coordinate**
  - $u, \varphi, \theta$
- $P_i$  – **generalised force**
  - $F, T, M$

# Castigliano's theorem

For convenience a **modified Castigliano's theorem** can be used

$$\delta_i = \frac{\partial U}{\partial P_i} = \frac{\partial}{\partial P_i} \int \frac{M(x)^2}{2EI} dx = \int \frac{M(x)}{EI} \frac{\partial M(x)}{\partial P_i} dx$$

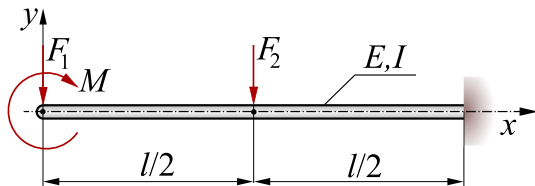
Since there are usually two generalised coordinates we can write

$$u = \frac{\partial U}{\partial F} = \int \frac{M(x)}{EI} \frac{\partial M(x)}{\partial F} dx$$

$$\theta = \frac{\partial U}{\partial M} = \int \frac{M(x)}{EI} \frac{\partial M(x)}{\partial M} dx$$

# Castigliano's theorem

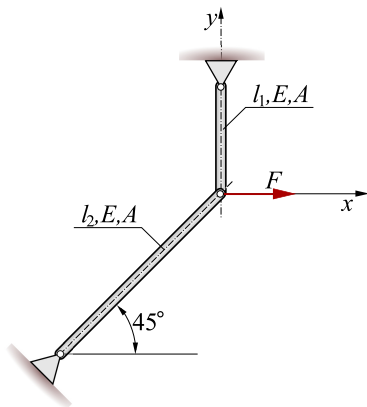
Determine the vertical displacement of the free end of the cantilever beam.



# Castigliano's theorem

## Example

Determine horizontal  $u$  and vertical  $v$  displacement of the point where the load is applied.

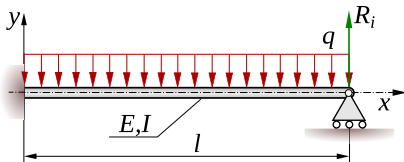




# Castigliano's theorem

- special case of Castigliano's theorem is **Castigliano-Menabrea** theorem
- it gives the possibility to determine statically indeterminate problems
- since it is known that the displacement of the point at the support is equal to zero one can write:

$$v_{R_i} = \frac{\partial U}{\partial R_i} = 0$$



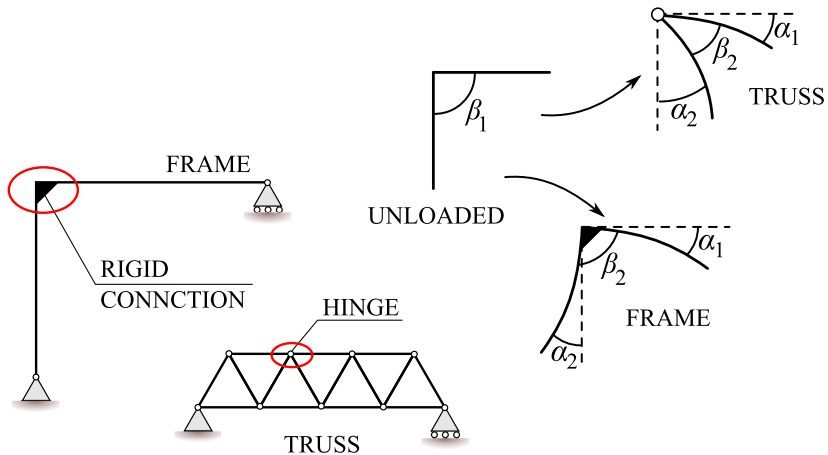
# Castigliano's theorem

Castigliano's theorem gives the possibility to:

- determine the displacement of points of a structure at which load is applied; even complicated structures can be easily analysed
- determine the displacement of any point of the structure by applying a fictitious load
- solve statically indeterminate problems

# Castigliano's theorem

## Analysis of frames



# Castigliano's theorem

The frame is loaded with load intensity  $q$ . Both elements of the frame are of equal length  $l$  and equal stiffness  $E, I$ .

Determine:

- maximum bending moment
- displacement of point C
- rotation at point B

